

CERTIFICATE OF PARTICIPATION

This is to certify that

Ingrid Caris

Has successfully participated & completed the

Rhythm Run 15km Rhythm Run

held at Delvera Estate Stellenbosch, Stellenbosch.

TIME 01:57:59

PACE 07:51/km

OVERALL 15 of 39

GENDER 6 of 22

40 - 49 3 of 9

20 April 2024, Sat

Date



BoutTime

Signature

